



NHTI
Concord's
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Douglas Schwarz
Public Information Office

FOR IMMEDIATE RELEASE

Thursday March 27th, 2008

Contact: Douglas Schwarz, (603) 271-6950

Nursing Center Opens Workshops to the Public

The Center for Nursing Professional Development, through the Department of Continuing Education, has some upcoming programs designed for nurses, but that may be of interest to the general public. All are welcome.

TO REGISTER PLEASE CALL 271-6663 - All participants must register.

**The Healing Power of Music:
The Science of Acutonics, the Art of Healing**

Presented by: Anne R. Bewley, PHD, LCHMC-Certified Music Practitioner, Certified Therapeutic Harp Practitioner, Licensed Clinical Mental Health Counselor, and Licensed Alcohol & Drug Counselor

Dr. Bewley promotes health and healing through therapeutic sound including acutonics, therapeutic harp music, vibroacoustic therapy, atunement, and sound-facilitated psychotherapy. Experience and research demonstrate that therapeutic sound relieves physical pain, lowers blood pressure, stimulates the immune system, eases anxiety, depression and emotional distress, improves overall health and promotes healing.

April 2, 2008, 9:00 am - 12:30 pm, \$59

Potential audience: anyone interested in understanding the role of vibration in healing.

**Sole to Soul:
Understanding and Using the Endorphin Exercise Response**

Discover how the body elicits and uses the naturally produced “feel good drug”, better known as the endorphin response for prevention of disease and improvement in mental and physical health. Includes an interactive session!!

Presented by: Gina McGuire, RN, BS-AFAA Certified Fitness Instructor

April 3, 2008, 8:30 am – 12:00 noon, \$59

NEWS RELEASE

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Potential audience: health care professionals including physical and occupational therapists, nursing assistants, medical assistants, or anyone from the general public interested in fitness and how exercising effects your body.

**Operations Enduring Freedom and Iraqi Freedom:
Caring for Today's War Veterans**

Caring for this unique population takes a distinctive perspective. Come hear the accounts of physicians with hands on experience on the frontlines and in our local VA Medical Center providing care for New Hampshire's returning soldiers. Psychological and physical aspects of care will be discussed.

Presented by: Dr. Robert Zahn, State Surgeon and Urgent Care Director, Manchester VA Medical Center, and Dr. Ehsan Biswas, Head of Psychiatry, VA Medical Centers NH.

April 10, 2008, 8:30 am – 1:00 pm, \$79

Potential audience: anyone interested in psychological or physical aspects of caring for veterans.

TO REGISTER PLEASE CALL 271-6663 - All participants must register.

For further information contact:

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